



Greg Arnold, DC, CSCS
4165 Blackhawk Plaza Circle, Suite 250
Danville, CA 94506
(925) 321-4668 PitchingDoc@msn.com
www.PitchingDoc.com

Greg Arnold, DC, CSCS

LIC – DC29442

TIN – 731721436

NPI – 1497729925

Education

2004 – The National University of Health Sciences (NUHS)

-Doctor of Chiropractic

2002 – The National University of Health Sciences

-Bachelor of Science

2000 – The Pennsylvania State University

-Bachelor of Science Major: Life Sciences Minor: English

Experience

2007 – 2008 – Veteran’s Affairs Hospital, Martinez, CA

-Providing free chiropractic care to Veterans 1 day per week

2005-Present – Private Practice

-Emphasis on nutrition/exercise counseling, private baseball pitching instruction, conditioning camps, Patient Education

2004 – Chiropractic Internship

-Complete under Dr. David Parrish – Chicago, IL

Awards

2004 – NUHS Joseph Janse Award Winner

-Awarded to the “Most Outstanding Graduate” of every graduating class

2003 – Student American Chiropractic Association

-Recognized for “Excellence in Leadership” as President of NUHS’s Chapter of the Student ACA

2002-2003 – Who’s Who Among Students in American Colleges & Universities

-1 of 25 students recognized by the National University of Health Sciences for outstanding accomplishment as a student

1999-2000 – Who’s Who Among Students in American Colleges & Universities

-1 of 92 students recognized by the National University of Health Sciences for outstanding accomplishment as a student

1998-1999 – Who’s Who Among Students in American Colleges & Universities

-1 of 84 students recognized by the National University of Health Sciences for outstanding accomplishment as a student

Licensure & Certifications

2004-Present – Cardiopulmonary Resuscitation (CPR) Certification

2004-Present – Certified Strength and Condition Specialist (CSCS)

-Certified by the National Strength and Conditioning Association (NSCA) to design and implement safe and effective strength and conditioning programs for athletes

2004-Present – Certified Kinesiotape Practitioner

-A form of therapeutic rehabilitative taping that affects the activation of neurological and circulatory systems, allowing muscles to regain proper function.



Greg Arnold, DC, CSCS
4165 Blackhawk Plaza Circle, Suite 250
Danville, CA 94506
(925) 321-4668 PitchingDoc@msn.com
www.PitchingDoc.com

2003 – Spine Research Institute of San Diego (SRISD)

-Advanced Certification: Completed a comprehensive training program in the diagnosis, treatment, and management of motor vehicular cervical acceleration/deceleration (CAD) trauma.
-Low Speed Rear Impact Crash Reconstruction (LOSRIC): Attended CRASH 2003, a three-day workshop on state-of-the-art methods of LOSRIC, covering principles of mathematics, physics, biomechanics, and occupant kinematics, along with participating in human volunteer, full-scale crash tests and their analyses, and successfully completing a comprehensive written examination.

Associations & Memberships

2007-Present – Physicians for a National Health Program

-An organization advocating a universal, comprehensive single-payer national health program.

2004-Present – American College of Sports Medicine

-Promoting and integrating scientific research, education, and practical applications of sports medicine and exercise science to maintain and enhance physical performance, fitness, health, and quality of life

2004-Present – American Chiropractic Association

-An organization whose mission is to preserve, protect, improve and promote the chiropractic profession, to provide leadership in health care and a positive vision for the chiropractic profession and its natural approach to health & wellness

2004-Present – National Pitching Association

-An association formed by leading coaches, athletes, and management teams to help pitchers of all ages safely develop to their fullest potential

2003-Present – California Chiropractic Association

-An organization formed “To position doctors of chiropractic as the providers of first contacts for wellness and the optimization of health”

2003-Present – National Strength and Conditioning Association (NSCA)

-Supporting and disseminating research- based knowledge and practical application to improve athletic performance and fitness

Extracurricular Activities

2009 – Present – CME Instruction

-Given presentations on Shoulder Rehabilitation and Pitching Biomechanics at LifeStyle Rx at ValleyCare Hospital in Livermore, CA in March 2009 and November 2009

2004-Present – Private Baseball Pitching Instruction

-Certified by the National Pitching Association to become proficient at using video analysis of pitching as well as education young pitchers on the mental and emotional side of pitching.

2002-Present – NOW Foods Nutrition Abstract Writer

-Abstracting medical journal articles concerning nutrition, exercise, and overall health

2003-2004 – National University of Health Sciences

-Served as Editor of The Synapse, the student paper of the National University of Health Sciences

2003-2004 – Chicago White Sox Training Academy – Lisle, IL

-Worked for one year as a private baseball pitching instructor

2003-2004 – Student American Chiropractic Association

-Served as President of the NUHS Chapter of the Student American Chiropractic Association

2001-2003 – Grand Slam Baseball Academy – Lisle, IL

-Worked for two years as a private baseball pitching instructor

1995-1999 – Penn State Varsity Men’s Baseball Team

-Awarded a 4.5-year athletic scholarship as a left-handed pitcher