

The Whiplash Report

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Providing personal injury attorneys with the most up-to-date research on chiropractic and whiplash, from the biomechanics of whiplash injury to chiropractic's ability to enhance patient care and recovery.



Goertz, C.M., et al., Adding chiropractic manipulative therapy to standard medical care for patients with acute low back pain: results of a pragmatic randomized comparative effectiveness study. Spine (Phila Pa 1976), 2013. 38(8): p. 627-34.

Compared to standard medical care (SMC), patients receiving 4 weeks of chiropractic manipulative therapy (CMT) in addition to SMC reported:

- ✓ 33% lower scores on the Roland-Morris Disability Questionnaire
 - ✓ 21.8% higher scores on the Back Pain Functional Scale

✓ 64.8% higher patient satisfaction

With no adverse events reported in either group.

Conclusion. The results of this trial suggest that CMT in conjunction with SMC offers a significant advantage for decreasing pain and improving physical functioning when compared with only standard care, for men and women between 18 and 35 years of age with acute LBP.

You want the best for your personal injury clients. Refer them to a chiropractor trained to properly care for them.



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