PitchingDoc@msn.com www.PitchingDoc.com

## How Can Dr. Arnold Help My Whiplash Pain?

Dr. Arnold has received advanced training in Whiplash management from <u>The Spine Research</u> <u>Institute of San Diego</u>:



## Chiropractic Treatment for Whiplash: It Works

Research done in <u>1996</u> and <u>1999</u> showed chiropractic to be more than 90% effective in relieving pain from whiplash.

<u>A 2003 study</u> established chiropractic manipulation as being more effective than acupuncture or traditional medical treatment in the treatment of chronic spine pain.

In addition to chiropractic manipulation, Dr. Arnold's certification in <u>The Graston Technique</u> and use of <u>VibraCussor Percussion Therapy</u> may help further accelerate your recovery.

## Have Questions About Your Whiplash Pain?

Email (PitchingDoc@msn.com) or call (631-352-7654) Dr. Arnold!

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